



THE BUTCHERS VEGETABLES

839

PARK AVE

MUSCATINE, IOWA

563.263.0238

MON, WED,

FRI 9-2

TUE, THUR 9-4

CLOSED

SAT, SUN

Consumer advisory:

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

JUICE

Street Juice

All the Carrots
(V,GF) 8

Watermelon Juice

Watermelon juice with
a slice of Lemon
(V,GF) 8

V-5

Celery, Sweet
Pepper, Carrot,
Tomato, Cucumber
(V,GF) 8

Heartbreak Hill

Beet, Orange,
Romaine, Ginger
(V,GF) 8

Morning OJ

Orange + Yellow
Peppers, Carrot, Green
Apple, Lemon
(V,GF) 8

Purest Green

Kale, Cucumber, Green
Cabbage, Celery,
Orange, Lime
(V,GF) 8

ADD INS

- Chia Seeds.....3
- Hemp Seeds.....3
- Protein Powder....3
- Spinach.....1
- Kale.....1
- Ginger.....1
- Cacao Powder.....3

SMOOTHIES

Sunshine

Mango, Pineapple,
Banana, Almond Milk
(V,GF) 8

Go To Greens

Pineapple, Apple,
Spinach, Banana,
Almond Milk
(V,GF) 8

Strawberry Cream

Strawberry, Avocado,
Banana, Orange Juice
(V,GF) 8

Carrot Mango

Mango, Carrot,
Banana, Almond Milk
(V,GF) 8

Berry Peanut Butter

Mixed Berries, Peanut
Butter, Oatmeal
Banana, Almond Milk
(V,GF) 8

SALADS

Summer Cobb

Seasonal Veggies on a Bed of
Greens, and a Boiled Egg
Served with Creamy Vinaigrette
(GF) 12

Strawberry Spinach Salad

Spinach, Strawberry, Quinoa,
Onion, Sliced Almonds, Tossed
in a Lemon Poppy Seed
Dressing
(V,GF) 9

BREAKFAST

Available all day everyday

Moms Waffle + Fruit

Family recipe, seasonal fruit
6.75

Bean + Veggie Hash

Potatoes, Mushroom, Onion,
Squash, Sweet Peppers
7.50 (V,GF)
**ADD EGG 2

Easy Tom

Sourdough Toast, smashed
Avocado, over easy Egg, and
marinated Tomatoes
Half 6 Full 11.50

COMBOS

Main + Salad

Any Main dish and
a Half salad
13

Main + Soup

Any Main dish and
a Cup of Soup
13

Salad + Soup

Any half of our Salads and
a Cup of Soup
12

MAINS

Portobello + Bean Burger

Steak seasoned Portobello Mushroom,
Black Bean, and Broccoli Patty. Served
with Guacamole, Lettuce, Tomato, and
Onion on a Brioche Bun

10 ***ADD EGG 2
EXTRA PATTY 2
CHEESE .75

Sweet Potato Quesadilla

Thinly sliced Sweet Potato, Onion, Corn,
inside a Quesadilla. Served with a Fried Egg
and Guacamole

11

Buffalo Cauliflower Sandwich

Baked Cauliflower covered in House
Buffalo Sauce, topped with Bleu
cheese crumble, and Slaw on a Brioche

Bun

10

Chickpea Salad Wrap

Chickpea Salad served in a Romaine
heart, topped with cucumber
8 (V,GF)

Mediterranean Flatbread

Naan Flatbread, Artichoke bean
spread, Mushrooms, Onions, Spinach
Half 6 Full 12

BBQ Chickpea + Polenta Bowl

BBQ Chickpeas, Tomato, Asparagus,
Avocado, Polenta, Ranch Hummus on
a bed of Greens

13 (V,GF)

Chipotle Bowl

Quinoa, Roasted Sweet potato, Kale,
Avocado, Soft boiled egg, and Chipotle
Sauce

10 (GF)